



Wing Chun Kung Fu in Marylebone

As studied and made famous by Bruce Lee



Monday Classes

7:30 pm - 9:00 pm

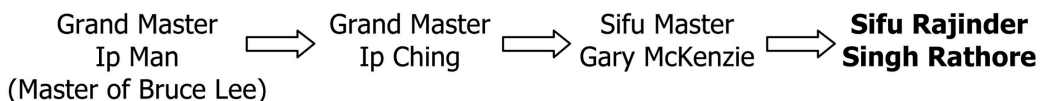
Ages: Adults Only 16+



Sifu Rajinder Singh Rathore is a licensed instructor of the Amateur Martial Association and a Certified Instructor of the VTAA (Ving Tsun Athletic Association). Sifu Raj trained under the tutelage of Sifu Gary McKenzie for more than 10 years, assisting in workshops and seminars nationally and internationally. His travels have seen him represent The Wing Chun School in Norway, Hong Kong, and Mainland China amongst others.

Wing Chun Kung Fu, originally from the Shaolin Temple, is a scientific and linear martial art with short, fast and powerful movements. All movements are based on human body mechanics with emphasis on simultaneous attack and defence. The core of the system lies in protecting your centre-line whilst attacking the centre-line of your opponent.

The lineage taught at the Wing Chun School has been passed down from Ip Man, Master of Bruce Lee:



First lesson FREE with this leaflet

Marylebone Branch: St Paul's Church Centre, 5 Rossmore Road, London NW1 6NJ
 M: 07934 883 812 | E: rajinder@thewingchunschool.com | W: www.thewingchunschool.com



Children's Wing Chun Kung Fu in Marylebone

As studied and made famous by Bruce Lee



Classes start

Monday 16th Sept

6:00 pm - 7:00 pm

Ages: Under 16s



Sifu Rajinder Singh Rathore is a licensed instructor of the Amateur Martial Association and a Certified Instructor of the VTAA (Ving Tsun Athletic Association). He is registered in First Aid and CRB checked with Public Liability Insurance.

At The Wing Chun School, we believe that study of this art can lead to:

- Increased Confidence
- Perseverance & Determination
- Self Esteem & Achievement
- Discipline & Respect
- Focus & Team Work
- Self Defense
- Responsibility
- Hand-Eye Coordination

Children are taught in an encouraging and positive atmosphere. Whilst essentially Wing Chun is a form of self-defence, emphasis is placed on the benefits to the child as a whole, in terms of physical and mental fitness.

Children are taught through a process of drills, demonstrations and supervised practice. Above all we believe that children should enjoy learning Wing Chun. Sifu Rajinder Singh Rathore is happy to answer any questions you may have about children's classes.

First lesson FREE with this leaflet, there after £20 per month, £15 per sibling

Marylebone Branch: St Paul's Church Centre, 5 Rossmore Road, London NW1 6NJ
M: 07934 883 812 | E: rajinder@thewingchunschool.com | W: www.thewingchunschool.com